



5k Run • Canine Run/Walk

Saturday September 11, 2010

Coyner Springs Park, Waynesboro VA.

8:00 AM - 5k RUN • 8:45 AM DOG WALK/RUN

Pre Register Adults \$18.00 • Pre Register Students \$15.00 (K-College)

Race Day Entry Adults \$25.00 • Race Day Entry Students \$20.00

T - Shirts and other gifts for the first 100 pre registered entrants.

Select Event: _____ 5K Run _____ 5K Canine Run/Walk

Sign up online at: www.themosbyfoundation.org

For race details, directions and more information visit www.themosbyfoundation.org or call Bob Holtmann at 540-421-4000 (evening only). Make checks payable to The Mosby Foundation. Mail completed entry to The Mosby Foundation, P.O. Box 218, Deerfield VA 24432.

Name _____

Address _____

Phone _____ E-mail _____

Age _____ Dog's Name _____

T - Shirt Size _____ XL _____ L _____ M _____ S

Waiver: Must be signed by all entrants (parents or guardian if under 18).

I know that participating in a race is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with participating in this event including but not limited to: falls, contact with other participants, the effects of the weather, including high heat/ or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release The Mosby Foundation, The Mosby Foundation 5K Run, the officials, sponsors, directors, officers and volunteers from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I understand that my entry fees will not be refunded if I am unable to participate or if the event is cancelled by circumstances beyond the control of the organization.

SIGNATURE: _____ **DATE:** _____